

| Platz | Name           | Vorname    | Jahrgang | Verein                      |   | Strecke | Startnummer | Zeit     |
|-------|----------------|------------|----------|-----------------------------|---|---------|-------------|----------|
| 1     | Apel           | Henrik     | 1980     | ASC Marathon-Friedberg      | m | 5km     | 414         | 00:18:55 |
| 2     | Waraus         | Michael    | 1964     | Triathlon-Darmstadt         | m | 5km     | 420         | 00:19:20 |
| 3     | Wiener         | Michael    | 1985     | OVAG Friedberg              | M | 5km     | 215         | 00:19:36 |
| 4     | Jäger          | Florian    | 2007     | Funball Dortelweil          | m | 5km     | 415         | 00:22:44 |
| 5     | Kohlas         | Steffen    | 1967     | Funball Dortelweil          | m | 5km     | 424         | 00:23:19 |
| 6     | Guber          | Dietmar    | 1968     | GGB Lahnstein               | m | 5km     | 239         | 00:23:38 |
| 7     | Zebunke        | Thomas     | 1961     | Triathlon Wetterau          | m | 5km     | 409         | 00:25:54 |
| 8     | Zugsbrodl      | Steffan    | 1967     | Don Zugi                    | m | 5km     | 421         | 00:26:41 |
| 9     | Brinkmann      | Lutz       | 1961     | ASC Marathon-Friedberg      | m | 5km     | 428         | 00:27:13 |
| 10    | Saam           | Mathias    | 1970     | Funball Dortelweil          | m | 5km     | 233         | 00:28:41 |
| 11    | Bickert        | Bernd      | 1957     | TV Großostheim              | m | 5km     | 419         | 00:28:54 |
| 12    | Hinz           | Henning    | 2010     | VFL Bad Nauheim             | m | 5km     | 220         | 00:30:20 |
| 13    | Exeler         | Christoph  | 1978     | LSC Bad Nauheim             | m | 5km     | 416         | 00:31:24 |
| 14    | Paetzold       | Patrik     | 1977     | LSC Bad Nauheim             | m | 5km     | 417         | 00:31:24 |
| 15    | Bühlmeyer      | Markus     |          |                             | m | 5km     | 412         | 00:35:06 |
| 1     | Kohlas         | Lorena     | 2004     | Funball Dortelweil          | w | 5km     | 422         | 00:24:30 |
| 2     | Diers          | Daniela    | 1987     |                             | w | 5km     | 433         | 00:26:17 |
| 3     | Martin         | Adina      | 2009     | SV Fun-Ball Dortelweil      | w | 5km     | 413         | 00:26:27 |
| 4     | Mitnacht-Kraus | Rita       | 1962     | Triathlon Wetterau          | w | 5km     | 244         | 00:27:04 |
| 5     | Irmeler        | Kathrin    | 1979     | LSC Bad Nauheim             | w | 5km     | 418         | 00:27:46 |
| 6     | Mödinger       | Ida        | 2007     | Funball Dortelweil          | w | 5km     | 219         | 00:27:52 |
| 7     | Pflugfelder    | Paula      | 2006     | Funball Dortelweil          | w | 5km     | 234         | 00:29:04 |
| 8     | Södler         | Alexandra  | 1968     | Fitness im Wald Bad Nauheim | w | 5km     | 408         | 00:31:01 |
| 9     | Allroggen      | Christiane | 1978     |                             | w | 5km     | 238         | 00:31:24 |
| 10    | Roth           | Marion     | Ü50      | Fitness im Wald Bad Nauheim | w | 5km     | 427         | 00:33:41 |
| 11    | Bielka         | Katharina  |          |                             | w | 5km     | 411         | 00:35:06 |
| 12    | Mulch-Wiemer   | Christa    | 1949     |                             | w | 5km     | 406         | 00:37:25 |
| 13    | Kindling       | Dorothea   | 1963     |                             | w | 5km     | 425         | 00:38:17 |